
Ballincollig Basketball Club Inclusion Policy

2021



Cara Charter

Ballincollig Basketball club has signed up for the Cara charter and encourage all clubs to do the same, below is a short piece about the charter:

Sport and physical activity are central to the fabric of life in Ireland. As citizens of this state, people with disabilities have a right to be active within their local communities. In Cara's efforts to truly understand what it is really like for a person with a disability to be active in Ireland, Cara carried out nationwide focus groups with people with disabilities and parents of children with disabilities.

Cara engaged with 140 people across 22 counties, who were both active and inactive, and asked about their experiences, challenges and needs in relation to their participation in sport and physical activity. From the vast feedback Cara received, Cara have developed the Sport Inclusion Disability Charter, which clearly outlines the five key areas people with disabilities are asking all organisations to consider in making active and healthy lifestyles possible for them.

Go to <https://caracentre.ie/sport-inclusion-disability-charter/> to find out more about the charter.

Mission Statement

Ballincollig Basketball Club is proud to adopt the Sport Inclusion Disability Charter, ensuring continued support for people with disabilities to partake in Sport and Physical Activity. This really is such an important initiative. Diversity is going to happen naturally, but inclusion requires people to act. As an organisation we will be open to and understanding of all people with disabilities and promote the inclusive nature of our activities, in a variety of formats.

SECTION 1: OPENNESS

Be open to and understanding of all people with disabilities.

This policy represents the agreed principles and commitments for disability inclusion, in line with the Cara sports inclusion charter for people with disabilities. Ballincollig Basketball club will implement this policy to support and develop an inclusive environment for children and adults within our clubs, programmes, coaches, volunteers, and players:

- Encourage an inclusive culture, while recognising that no one disability is the same and each person's individual needs must be considered to promote inclusion in our sport.
- Adopt a person-centred approach to ensure all participants emotional, physical, and mental wellbeing is at the heart of everything we do.
- Ballincollig Basketball club is committed to ensuring that the core objectives in this policy are implemented to the best of our ability to reflect inclusive practices at all levels of participation in Basketball and Basketball related activities.
- Ballincollig Basketball club commit to provide support, motivation and guidance to all stakeholders who wish to become more inclusive.

SECTION 2: FACILITIES

Review our facilities/venues/equipment to make our organisation more accessible.

It is important to Ballincollig Basketball Club that all people with a disability can take part in our sport regardless of their ability.

- Where possible use facilities that are accessible to people with different abilities
- Ballincollig Basketball Club commit to encouraging all schools and colleges who are planning to build, re-furbish or develop their own facility to ensure that it is accessible to people with different abilities.
- Ballincollig Basketball Club commit to encouraging all schools and colleges who are planning to build, re-furbish or develop their own facility to link with IWA Sports clubs, Special Olympics clubs, Local sports partnerships, and any other disability clubs to see if they can create a partnership where both clubs and organisations can make use of the facility.
- Ballincollig Basketball Club commit as part of our activities to carry out an audit of facilities.
- Ballincollig Basketball Club commit to audit their equipment and to ensure they have the correct tools to apply for grant funding for equipment that may help include someone with a disability in their club.

Sample Physical Access Assessment Audit Template

Club Name: _____			
Venue:			
Physical Barrier	Immediate Solutions	Future Solutions	Actions
Car Park			
Access to Building:			
Changing Rooms/Toilet Facilities:			
Access to Playing/Court Area			
Access to Social/Meeting Area			

SECTION 3: PEOPLE

Access training for all board members/committee/members/staff/volunteers etc, to facilitate the inclusion of people with disabilities.

Disability Coordinator:

The disability coordinator position will be held by the Susan Toibin. Their key role will be to ensure the inclusion policy is implemented as well promoting inclusion in all Ballincollig Basketball Club's media outlets.

Medical screening and information

Ballincollig Basketball Club will ensure that we have received all relevant medical information in relation to any club member or participant with a disability, to ensure that they are well enough physically, intellectually, and emotionally to take part in club basketball activities or any club events.

Coaching qualification:

Coaches are reminded that they do not need to hold any additional qualifications to include participants with a disability in an existing class. However, it is recommended that additional Disability Inclusion training be undertaken when working with participants with a disability to raise awareness and progress coaching ability. Workshops ran by Cara hold points for continuous professional development for all BI coaches.

- Commit to training all staff in Inclusion of people with a disability.
- Commit to include sections on working with people with disabilities as part of their training courses.
- Commit to promote and help develop any training course developed by any of our partners such as Cara, IWA or Special Olympics that offer basketball to disability groups.

SECTION 4: ACTIVITIES

Develop and deliver inclusive activities.

It is important that Ballincollig Basketball Club do not just talk about inclusion but develop and implement sustainable projects that can make a meaningful impact to people with a disability to be included within our sport. These projects must be monitored and evaluated to ensure they are making a lasting impact.

- Ballincollig Basketball Club commit to including people with disabilities in our training and providing equipment where applicable and affordable.
- Ballincollig Basketball Club commit to support any specific basketball inclusion programs that can be ran in conjunction with the sports inclusion disability officers in Local Sports Partnerships or with Basketball Ireland.
- Ballincollig Basketball Club commit to the development of resources for members who want to become more aware of inclusive activities.
- Ballincollig Basketball Club commit to review activities carried out on a yearly basis to assess what extent they contribute to promotion of inclusion, access, and participation.
- Ballincollig Basketball Club commit to carrying out an audit of facilities to ensure all facilities used by our clubs are accessible.

Implementation of activities:

Responsibility for delivering of projects and activities will fall to Susan Toibin (Inclusion officer). It is advised that Inclusion officer can show progress of targeted disability groups through different projects.

Evaluation methods:

Projects will be evaluated using surveys, opinion sheets or other tools. It is important to include people with different disabilities and parents in the evaluation method.

SECTION 5: PROMOTION

Promote the inclusive nature of our activities, in a variety of formats.

As an organisation it is essential that we promote not only our own inclusive efforts but the efforts of our clubs and committees/boards.

- Ballincollig Basketball Club commit to promote all-inclusive programs or projects carried out by our organisation, clubs, schools, committees, or colleges on our organisation's social media platforms.
- Ballincollig Basketball Club commit to promote all-inclusive programs or projects carried out by external organisations around basketball on our social media platforms.
- Ballincollig Basketball Club commit to circulate any information on our social media platforms from Cara or any other disability groups that may be beneficial to our club, schools, colleges, boards and committees in our area.

Responsibility for promotion:

It is the responsibility of Mike Moynihan (P.R.O) to ensure that content circulated on our website, social media platforms or any other platforms includes and fairly represents the work of our club in including people with disabilities in all aspects of our work. Mike Moynihan (P.R.O) is also responsible for ensuring that the content is accessible for people with disabilities and that positive inclusive imagery and wording is used.

Monitoring and reviewing policy:

The above policy will be re-evaluated at regular intervals. We at Ballincollig Basketball Club value your input. If you have any queries in relation to this policy, please contact our Clubs Inclusion Officer Susan Toibin through our website or Social Media Channels

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